

Menu



SCAN MENU



(443) 596-3986

25 EASTERN BLVD SUITE 98B ESSEX MD 21221
WWW.LASAMERICASRESTAURANTESSEX.COM



APERITIVOS



Pupusas

(Beans, cheese, pork rinds, loroco, scrambled eggs, squash, and shrimp)

PRECIO \$3.25



Empanadas colombianas

(Beef)

PRECIO \$3.25



Plátanos dulces con crema y frijoles

(Fried slices of ripe plantains, sour cream, and refried beans)

PRECIO \$8.99



Tamales de elote

(Served with cream)

PRECIO \$2.99



Papas locas salvadoreñas

PRECIO \$9.95



Tostones rellenos

PRECIO \$15.99



Papas fritas hondureñas

PRECIO \$16.99



Guacamole con chips

PRECIO \$12.99



Alitas picantes

(6) \$10.99 (8) \$14.99 (12) \$19.99

DESAYUNOS

With every breakfast, you can choose a side dish, which can be a ripe banana, a corn tortilla, or a flour tortilla.



Desayuno mi tierra #1

(Eggs with tomato, cheese, sour cream, refried beans, chorizo, and avocado)

PRECIO \$13.99



Desayuno mi tierra #2

(Scrambled eggs with chorizo, cheese, sour cream, refried beans, and avocado)

PRECIO \$14.99



Desayuno las américas #1

(Beef or chicken with a hint of chimichurri, chorizo, casamiento, a fried egg, cheese, sour cream, and avocado)

PRECIO \$17.55



Desayuno las américas #2

(Huevos rancheros, chorizo, cheese, sour cream, refried beans, and avocado)

PRECIO \$15.95



Desayuno las américas #3

(Scrambled eggs with vegetables, onion, green chili, chorizo, cheese, sour cream, avocado, refried beans, and pupusa)

PRECIO \$15.95



Desayuno típico las américas

PRECIO \$24.99



American breakfast

PRECIO \$17.99

FOOD ALLERGY? ASK BEFORE YOU EAT... / 15% GRATUITY WILL ADD TO ALL DINE-IN CHECKS
ALL SUBSTITUTIONS AND EXTRA ITEMS WILL BE CHARGED / PRICES MAY SUBJECT TO CHANCE WITHOUT NOTICE



BOTANAS Y PARRILLADAS



Parrillada las américas

(Beef, chicken, pork, shrimp, chorizo, beans, rice, and salad) You can choose: Corn tortilla, green plantain, or ripe plantain

PRECIO \$28.99



Botana las américas

(Meat, shrimp, chicken wings, chorizo, flautas, pork rinds, and pupusas)

PRECIO \$58.99



Botana mixta

(Beef, shrimp, pork rinds, grilled chicken, cassava, cheese, jalapeños, and house-made sauces)

PRECIO \$27.99



Botana marisquera

(Squid, octopus, shrimp, fish, clams, corn, and cassava)

PRECIO \$38.99



Picada colombiana

(Beef, chorizo, pork rinds, chicken, fried cassava, Creole potatoes, and cheese arepa)

PRECIO \$36.99



Parrillada costeña

(Beef ribs, pork chops, fried chicken, sausages, cheese, and plantain slices)

PRECIO \$58.99

TEX MEX



Hamburguesas

(Served with french fries)

Beef burger... \$12.99
Chicken burger.. \$11.99



Nachos

Nachos with beef..... \$19.99
Nachos with chicken... \$18.99
Nachos with shrimp \$19.99
Assorted nachos..... \$22.99



Flautas

PRECIO \$15.99



Pizza Birria

PRECIO \$19.99



Tacos mexicanos

(All tacos are served with onions, cilantro, and hot sauce)

Mexican beef tacos (3) \$15.99
Mexican Chicken Tacos (3) \$14.99
Mexican shrimp tacos (3) \$16.99
Mexican tongue tacos (3) \$16.99
Birria Tacos (3) \$16.99



Quesadillas

(All quesadillas are served with a side salad, sour cream, and guacamole)

Beef quesadilla..... \$15.99
Chicken quesadilla..... \$14.99
Shrimp quesadilla... \$16.99



Fajitas

(All fajitas are served with rice, beans, salad, and tortillas)

Beef fajitas..... \$21.99
Chicken fajitas..... \$17.99
Shrimp Fajitas \$22.99
Assorted fajitas..... \$22.99



Burritos

Assorted Burritos \$18.99
Chicken burritos \$15.99
Beef burritos \$17.99



Enchiladas en salsa roja o en salsa verde

PRECIO \$17.99

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ESPECIALES DE LA CASA



Chuleta de cerdo con tajadas

(Fried green plantain slices, cabbage, pico de gallo, pickled onions, and house dressing)

PRECIO \$18.99



Pollo con tajadas

(Fried green plantain slices, cabbage, pico de gallo, pickled onions, and house dressing)

PRECIO \$17.99



Carne molida con tajadas

(Fried green plantain slices, cabbage, pico de gallo, pickled onions, and house dressing)

PRECIO \$16.99



Baleadas

SIDE DISHES: Beans, cheese, sour cream (order of 3)

\$13.99

SPECIALS: Beef, chicken, and egg with chorizo (served as a set of 3)

\$15.99



Yuca frita con chicharrón hondureño

PRECIO \$16.99



Carne asada con tajadas

(Fried green plantain slices, cabbage, pico de gallo, pickled onions, and house dressing)

PRECIO \$17.99



Tacos hondureños

Chicken (order of 2)

PRECIO \$15.99



Pastelitos hondureños

Beef or Chicken (order of 3)

PRECIO \$13.99



Pastelitos hondureños

Chicken or Beef (order of 3)
Corn or Flour

PRECIO \$15.99



Pollo Frito con papas

PRECIO \$18.99



Tilapia con tajadas

PRECIO \$19.99



Yuca frita con chicharrón salvadoreño

PRECIO \$15.99

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PLATOS PRINCIPALES

All dishes come with a choice of side dish: corn tortilla, green plantain slices, or ripe plantain



Plato las Américas
(Served with rice, beans, salad, and pico de gallo)

PRECIO \$23.99



Plato mar y tierra
(Served with rice, beans, salad, and pico de gallo)

PRECIO \$23.99



Carne de res asada
(Served with rice, beans, salad, and pico de gallo)

PRECIO \$19.99



Carne de res asada con arroz chino
(Served with rice, beans, salad, and pico de gallo)

PRECIO \$21.99



Carne de res asada con camarones
(Served with rice, beans, salad, and pico de gallo)

PRECIO \$22.99



Costilla de res asada
(Served with rice, beans, salad, and pico de gallo)

PRECIO \$23.99



Costilla de cerdo frita
(Served with rice, beans, salad, and pico de gallo)

PRECIO \$ 19.99



Bistec encebollado
(Served with rice, beans, salad, and pico de gallo)

PRECIO \$19.99



Chuleta costeña de cerdo
(Served with rice, beans, salad, and pico de gallo)

PRECIO \$19.99



Pollo en crema
(Served with rice, beans, salad, and pico de gallo)

PRECIO \$18.99



Pollo frito
(Served with rice, beans, salad, and pico de gallo)

PRECIO \$18.99



Pollo a la plancha
(Served with rice, beans, salad, and pico de gallo)

PRECIO \$21.99



Pollo a la plancha con camarones
(Served with rice, beans, salad, and pico de gallo)

PRECIO \$19.99



Pollo guisado
(Served with rice, beans, salad, and pico de gallo)

PRECIO \$17.99



Gallina asada
(Served with rice, beans, salad, and pico de gallo)

PRECIO \$16.99



Bandeja paisa
(Pork rinds, meat, chorizo, avocado, arepa, and pinto beans)

PRECIO \$22.99



Lomo saltado
(Beef, white rice, and French fries)

PRECIO \$19.99



Bistec T-Bone
(Rice, baked potato, and broccoli)

PRECIO \$28.99



Filete New York
(Rice, broccoli, carrots, and cauliflower)

PRECIO \$26.99

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MARISCOS

All main dishes can be served with a side dish: green plantain slices, ripe plantain, or corn tortilla



Salmon a la plancha
(Served with rice and vegetables)

PRECIO \$22.99



Filete de pescado empanizado
(Served with rice and salad)

PRECIO \$19.99



Tilapia frita
(Served with rice and beans)

PRECIO \$19.99



Camarones a la diablo
(Served with rice and beans)

PRECIO \$18.99



Mix de Mariscos
(Served with shrimp, fish, squid, and rice)

PRECIO \$28.99



Tilapia al vapor rellena de camarones
(Served with rice and salad)

PRECIO \$22.99



Langosta rellena
(Served with rice and salad)

PRECIO \$49.99



Camarones empanizados
(Served with rice and salad)

PRECIO \$19.99



Ceviche mixto
(Served with corn tortillas)

PRECIO \$21.99



Cóctel de camarón

PRECIO \$19.99



Tilapia a la migueleña
(Served with rice and beans)

PRECIO \$22.99



Camarones empanizados
(Served with rice and beans)

PRECIO \$19.99



Pescado roca
(Served with rice and salad)

PRECIO \$25.99



Camarones en crema
(Served with rice and beans)

PRECIO \$20.99



Pescado rojo
(Served with rice and salad)

PRECIO \$29.99



Combinación 7 mares empanizados
(Served with rice and salad)

PRECIO \$27.99



Filete de pescado a la plancha con camarones
(Served with rice and salad)

PRECIO \$22.99



Shrimp ceviche
(Served with corn tortillas)

PRECIO \$19.99

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SOPAS



Mariscada 7 Mares

PRECIO \$26.99



Mariscada costeña

PRECIO \$41.99



Sopa de gallina

(Homemade broth packed with flavor)

PRECIO \$16.99



Sopa de tilapia

(Served with rice, vegetables, and lemon)

PRECIO \$18.99



Sopa de pollo

(Served with rice, vegetables, and lemon)

PRECIO \$18.99



Sopa de mondongo

(Served with rice, vegetables, and lemon)

PRECIO \$19.99



Sopa de res

(Served with rice, vegetables, and lemon)

PRECIO \$18.99



Sopa de caracol

(Served with rice, vegetables, and lemon)

PRECIO \$31.99



Sopa de camarón

(Served with rice, vegetables, and lemon)

PRECIO \$18.99



Sopa de pescado rojo

(Served with rice, vegetables, and lemon)

PRECIO \$28.99



Sopa de Marisco

(Served with rice, vegetables, and lemon)

PRECIO \$20.99

MENÚ DE NIÑOS



Nuggets de pollo

(Served with french fries)

PRECIO \$8.95



Dedos de pollo con papas fritas

PRECIO \$8.95



Alitas con papas

PRECIO \$10.99



Papas con queso

PRECIO \$6.99



Quesadillas de Queso

(Served with french fries)

PRECIO \$10.95



Salchipapas

PRECIO \$10.95



Comida infantil

(Potatoes, chicken wings, pupusas, flautas)

PRECIO \$10.99

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ACOMPAÑAMIENTOS



Tortillas de maíz
\$1.99



Tortillas de harina (3)
\$4.25



Plátanos fritos
\$3.99



Arroz
\$3.25



Frijoles refritos
\$3.25



Frijoles pintos
\$3.99



Ensalada
\$2.99



Queso
\$3.25



Queso rallado
\$3.25



Crema agria
\$3.99



Chimol
(Ensalada fresca)
\$2.99



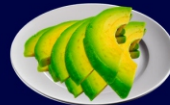
Vegetales encurtidos
\$2.99



Papas fritas
\$4.99



Repollo para pupusas
\$3.99



Aguacate
\$3.99



Chips con Salsa
\$4.25



Huevos
\$4.25



Casamiento
(Arroz y frijoles)
\$4.25



Chorizo
\$3.25



Pollo a la parrilla
\$8.99



Pollo frito
Pechuga / \$9.99
Pierna / \$8.99



Carne de res asada
\$10.99
Costilla de res
\$12.99



Camarones
\$10.00



Yuca
\$6.99



Chuleta
\$9.99



Chicharrón hondureño
\$3.25



Chicharrón salvadoreño
\$5.99



Costilla de res
\$9.99



Adereso
\$3.25



Salsa roja
\$3.25



Salsa verde
\$2.99



Gallina asada
\$8.99



Arroz chino sin camarones
\$10.99



Filete de pescado
\$8.99



Arroz chino con camarones
\$18.99



Arroz chino mixto
\$25.99



BEBIDAS NATURALES

Melón	S \$3.75	M \$5.65	L \$8.65
Nance	S \$3.75	M \$5.99	L \$8.99
Naranja		M \$4.25	
Marañón	S \$3.50	M \$5.25	L \$8.25
Jamaica	S \$3.75	M \$4.55	L \$7.99
Horchata	S \$3.75	M \$5.65	L \$8.65
Tamarindo	S \$3.75	M \$4.95	L \$7.95
Piña	S \$3.75	M \$5.25	L \$8.25
Limonada.....	S \$2.75	M \$4.50	L \$7.50
Cóctel de frutas.....	S \$3.75	M \$6.25	L \$9.99
Maracuyá	S \$3.50	M \$5.25	L \$8.25
Limonada y fresa.....		M \$6.50	

BATIDOS



Banana
\$7.25



Fresa
\$7.50



Melón
\$7.50



Papaya
\$7.50



Piña
\$7.50

FRIZADOS



Guanabana
\$6.99



Piña Colada
\$8.99



Mango
\$6.99



Maracuyá
\$6.99

POSTRES



Tres leches cake \$6.99



Chocoflan \$6.99

BEBIDAS CALIENTES



Café \$4.50

Chocolate \$4.50

Leche \$4.50

SODAS

Banana Tropical.....	\$4.25
Coca-Cola botella	\$4.25
Coca-Cola lata	\$1.99
Pepsi lata	\$1.99
Sprite lata	\$1.99
Fanta lata	\$1.99
Adrenaline	\$3.99



Raptor	\$3.99
Monster	\$3.99
Jugo en caja	\$1.50
Sunny D	\$1.50
Botella de agua.....	\$2.00
Agua mineral.....	\$3.50
Agua mineral preparada.....	\$5.00





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